



Ilminster Bowling & Tennis Club Anti-Doping Policy

Anti-Doping:

The Anti-Doping rules of Ilminster Bowling & Tennis Club follow Bowls England & UK Anti-Doping Rules published by UK Anti-Doping (or its successor), as amended from time to time. Such Rules shall take effect from 1st July 2010 and be included within the Bowls England Rules and Regulations.

Current anti-doping guidance can be found at: <https://www.ukad.org.uk/anti-doping-rules>

The prohibited list for 2020 can be found at: <http://list.wada-ama.org>

Global DRO provides a quick and easy means by which athletes and support personnel can check the status of medications based on the current Prohibited List. This website allows players to research any sort of medication they may wish to take in order to check if there are any substances contained within the medication that are included in WADA's Prohibited List.

To access Global DRO, go to: www.globaldro.co.uk

Therapeutic Use Exemption (TUE)

When prescribed a substance or method, players should check if that medication is prohibited by checking Global DRO. If the medication is not prohibited, players can start using the prescribed medication or treatment. If the medication is prohibited, players should check with their prescribing physician if there are any alternative medications or treatments that are permitted.

If there are no permitted alternatives, any player that is selected for doping control during the Bowls England National Championships will have 10 working days to apply retroactively for a TUE. It is not necessary to obtain a TUE in advance of the Bowls England National Championships.

To download the TUE application form from World Bowls, go to: www.worldbowls.com/anti-doping/tue-application